



S H A M B A L A
PRIVATE GAME RESERVE

ZULU CAMP AND NELSON MANDELA VILLA

WATERBERG

SHAMBALA SIGNATURE JOURNEY

This treatment takes you on a journey of the senses, starting with a full body exfoliation to renew the skin, followed by a full body massage that will relax even the most stressed bodies. Stimulating your sense of smell with deep inhalations that will calm the mind, body, and soul.

90-minutes R1 800

LUXURY SOUL BY SAXON JOURNEY

Your treatment begins with a pre-relaxation mindfulness exercise followed by a full body Mongongo scrub exfoliation, the scrub is filled with wonderful South African active ingredients such as apricot kernel, rooibos, shea butter, aloe ferox, African potato and mongongo nut oil. You will then be enveloped in traditional Imbola Red Kaolin mask to allow all the lovely active ingredients to penetrate into the skin. Your journey ends with a massage using our signature marula and Cape geranium oil. All of the products have been made for the Spa and are manufactured locally using responsibly sourced ingredients that have been responsibly farmed.

90-minutes R2 460

AFRICAN OPULENCE SIGNATURE JOURNEY

This Journey takes inspiration from our continent most cherished healing traditions that have been passed down through the generations. It invites you to indulge in the healing properties of Africa 's most treasured natural ointment in a holistically reviving treatment. The Journey begins a cleaning foot ritual followed by a full body exfoliation using "putu pap" a traditional mielie -meal based scrub. Your body and mind will now enjoy the native healing properties of the massage, which uses deep touch therapy combined with the Kalahari seed, calabash and rungu stick in rhythmic, melodic movements that transports you out of the now

90-minutes R1 800

MINDFULNESS SESSION

Connect with yourself, in the moment. Our mindfulness experience takes you on a guided meditative journey to reconnect your body and mind in the present, without the distractions of the outside world.

Mindfulness can assist in relieving stress and improve sleep difficulties. Mindfulness is also known to assist in improving mental health.

45-minutes R980

SAXON HIMALAYAN SIGNATURE JOURNEY

Your supreme journey begins with a welcoming milk foot ritual that soaks away your day-to-day stresses. This is followed by a full body Himalayan salt scrub, with the immersive Saxon signature scent, to renew your skin cells and reveal unbelievably soft, glowing skin. Once the scrub is showered off, your body is indulged with an expert stress-dissolving full body hot granite massage. This decadent specialised massage uses the heat-retaining stone, together with rhythmic massage movements, to warm and ease the muscles of tension. A cold Rose Quartz crystal is then used to relieve and heal muscular inflammation. This treatment is an absolute must for spa connoisseurs.

90-minutes R2 100

MASSAGES

Escape any stress you may have, restore your energy, revitalise your body and refresh your mind with an immersive massage therapy.

Back, neck and shoulder massage	45 minutes	R1 000
Classic Swedish massage	60-minutes	R1 500
	90-minutes	R2 100
Aroma Hot Stone massage	60-minutes	R1 530
	90-minutes	R2 200
Aromatherapy massage	60-minutes	R1 530
	90-minutes	R2 200
Deep Tissue massage	60-minutes	R1 580
	90-minutes	R2 300
Bellabaci cupping massage	60-minutes	R1 550
Bellabaci back, neck and shoulder cupping	30-minutes	R 840

FACIALS

Sink into deep relaxation with our unique Kalahari Facials each specially tailor made to suite your skins specific needs.

Honey Bush Facial R1 200

Kalahari Honeybush Facial Treatment is a combination of effective African Plant Extracts and oils that will nourish a dull and dehydrated skin. The skin will appear rejuvenated and ultra-hydrated. This treatment is suitable for all skin types

Phytic clay Facial R1 200

The Phytic clay Treatment contains effective ingredients such as glycolic acid and mandelic acid from Almonds. This treatment clay accelerates collagen stimulation, skin rejuvenation and is suitable for pigmentation and problematic skins.

Revitalising Vita-Gel Facial

R1 320

An ultra-revitalising, anti- ageing and rejuvenating gel mask enriched with natural moisture binding ingredients, alpha hydroxy acids and peptides. The combination of ingredients has a multitude of highly effective properties that will leave the skin visibly detexturised and brighter.

Phyto Compound Clays

R1 340

The Phyto Compound facial treatment is a custom compounded treatment with various effective options of Phyto clays, muds and gels. Area specific application insures the optimum treatment results for all skins.

Baobab Vitamin C Facial

R1 490

This is an ultra-firming, anti-ageing treatment rich in organic Vitamin C and essential antioxidants. Vitamin C will boost and improve collagen and elastin regeneration.

Phyto Enzyme Compound Facial

R1 490

The Phyto Enzyme treatment is a highly effective, deep cleanse exfoliation treatment with anti-ageing benefits leaving the skin visibly brighter and rejuvenated

KALAHARI MANICURE AND PEDICURE

Put your best hands and feet forward and unwind from top to toe with our Manicures and Pedicures. Lie back and relax to the soothing sounds of our natural environment whilst we rejuvenate your feet and hands using ingredients from our native heritage and giving you the finished touch of a beautiful colour making you feel revived from your bush experience.

60-minute	Manicure	R520
60-minute	Pedicure	R530
	Soak off	R150
	Gel Application	R210